Emergency Comfort Kits

A major emergency/disaster could cause you to spend an extended time away from home and you will want to have supplies to keep you as comfortable as possible.

Suggested Personal Grab 'n Go Kit

(personalize for your needs & keep with you at all times)

Bottled water Flashlight/radio

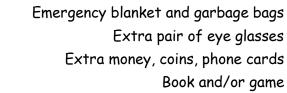
Nutritious foods (dried fruits, granola bars, nuts or beef jerky) Whistle

Personal medications

Personal toiletries

Dust masks and gloves

Family photos (recent)



Personal papers (copies of insurance, emergency contacts, prescriptions & identification)

Suggested Car Kit

(**Keep up car maintenance and fuel so you don't get stuck)

Bottled water

Nutritious foods (dried fruits, granola bars, nuts or beef jerky)

Comfortable, sturdy walking shoes

Warm blanket

Heavy-duty work gloves (leather)

Dust masks and gloves

Change of clothing

Road map & compass

Shovel and sand, kitty litter or other traction aids

Duct tape and garbage bags

First aid kit & manual

Fire extinguisher

Flashlight (extra batteries)
Flares, candles w/matches & jar

Ziploc bags, toilet tissue

Hardhat

Large, sturdy backpack

Deck of cards, good book

Ice scraper and brush

Booster Cables

Contact Numbers to Use In Case of Emergency (ICE)

Your **cell phone** can help in times of crisis. It can be used to call 9-1-1 or the police, as well as to reunite loved ones separated during a disaster.

At the scene of an accident, first responders or rescue services arrive and want to treat you quickly and also notify your family or friends.

You can make their job easier by adding entries in your cell phone address book under the label ICE with the names and phone numbers of people that should be notified in case of an accident or injury. Simply put the acronym ICE before the names you want to designate — creating entries such as ICE1, ICE2 and ICE3 etc.

It only takes a few seconds to help Responders know right away who to notify.

Congratulations! You are ready to look after your basic needs wherever you are!