

**Cowichan Lake Recreation Fall Pickleball Schedule
In effect Sept 4 - Dec 31, 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
Mesachie Lake Hall 9:30 a.m. - 11:30 a.m. Year Round Closed Sept 4, Oct 9, Dec 25, Jan 1	Mesachie Lake Hall 9:30 a.m. - 11:30 a.m. Year Round	Mesachie Lake Hall 9:30 a.m. - 11:30 a.m. Year Round	Mesachie Lake Hall 9:30 a.m. - 11:30 a.m. Year Round	Mesachie Lake Hall 9:30 a.m. - 11:30 a.m. Year Round
	Honeymoon Bay Hall 9:30 a.m. - 11:30 a.m. Year Round	Honeymoon Bay Hall 9:30 a.m. - 11:30 a.m. Year Round	Honeymoon Bay Hall 9:30 a.m. - 11:30 a.m. Year Round	
Youbou Hall 9:30 a.m. - 1:00 p.m. Year Round Closed Sept 4, Oct 9, Dec 25, Jan 1			Youbou Hall 9:30 a.m. - 1:00 p.m. Year Round	Youbou Hall 9:30 a.m. - 1:00 p.m. Year Round
Mesachie Lake Hall 6:30 p.m. - 8:30 p.m. Year Round Dependent on Facilitator		Mesachie Lake Hall 6:30 p.m. - 8:30 p.m. Year Round Dependent on Facilitator		Mesachie Lake Hall 6:30 p.m. - 8:30 p.m. Year Round Dependent on Facilitator
<p>Year round and half year renewal fees due May 28, 2017 Yearly \$110 (May 28, 2017 - May 27, 2018), Half Year \$75 (May 28, 2017 - November 26, 2017) Drop-in \$3 per visit (Year round per person) Prorated fees are available for late starters. For inquiries, please contact: Tanya Kaul, Recreation Programmer at 250.749.6742 or tkaul@cvrld.bc.ca.</p>				

Pickleball

Ages 15+

Pickleball is a fun combination of badminton, tennis, and table tennis, and is an enjoyable activity that accommodates participants at every fitness level. This fun game is played with a lightweight paddle and a plastic perforated ball, and is accessible to a wide range of players, since the court is smaller and the ball moves slower than a tennis ball.

Monday - Friday | Aug 11 - Sept 1
10:00 a.m. - 1:00 p.m.
10 Visit Punch Pass \$27 or Drop-in \$3
Kerry Park Recreation Centre

Thursdays | Aug 17 - 31
7:00 p.m. - 8:30 p.m.
10 Visit Punch Pass \$27 or Drop-in \$3
Kerry Park Recreation Centre

Pickleball

Ages 15+

Pickleball is a fun combination of badminton, tennis, and table tennis that continues to grow in popularity. It is played on a badminton-sized court with a light weight paddle and a plastic perforated ball. This enjoyable activity is accessible to a wide range of players and accommodates participants at every fitness level. Please note: Learn to Play Pickleball lessons will take place during the Wednesday drop-in sessions so space will be limited.

Mondays | Sept 18 - Dec 18
7:00 p.m. - 8:45 p.m.
Drop-in \$4
Island Savings Centre

No session Oct 9

Tues/Wed/Thurs | Sept 19 - Dec 21
10:30 a.m. - 12:30 p.m.
Drop-in \$4
Island Savings Centre
No session Nov 15 & 16

Learn to Play Pickleball

Ages 15+

Pickleball is a low impact sport that can be played by people of all ages and abilities. Many of the rules function to slow the game down significantly. Though it requires hand-eye coordination and some stamina, the smaller-sized court and perforated ball decreases the need to run. In this course you will learn the basic rules of the game and the skills to take your game to the next level.

Wednesdays | Sept 27 - Oct 25
10:30 a.m. - 12:30 p.m.
5 Sessions \$40 | Code: 15028
Island Savings Centre

Wednesdays | Nov 1 - Dec 6
10:30 a.m. - 12:30 p.m.
5 Sessions \$40 | Code: 15029
Island Savings Centre
No session Nov 15