

## Drop-In Programs



### [Euchre](#)

All Ages

Mondays | Jan 7 - June 24

10:30 a.m. - 12:30 p.m.

FREE Admission

**Cowichan Lake Sports Arena**

No session May 20

### [Multi-Activity Social Rec Night](#)

All Ages

Fridays | Mar 22 - June 28

6:30 p.m. - 8:30 p.m.

Drop-in \$3 per person, per visit

**Curling Rink & Lounge**

### [Drop-in Fitness with Spin, Elliptical & Weights](#)

Ages 16+

Mar 18 - Sept 14

Mondays - Fridays | 6:00 a.m. - 8:00 p.m.\*

Saturdays | 8:00 a.m. - 12:00 p.m.\*

Closed Sundays and May 20, July 1, Aug 5, Sept 2

Drop-in \$5 per person, per visit

**Cowichan Lake Curling Rink**

\*Hours are subject to change due to scheduled fitness classes and facility availability.

### [Acoustic Jam](#)

Tuesdays | Mar 5, 19, Apr 2, 16, 30,

May 14, 28, Jun 11, 25

7:00 p.m. start | No cover charge

**Cowichan Lake Sports Arena**

### [Open Bowling](#)

#### **Family Open Bowling**

Fridays | Jan 11 - June 28

6:30 p.m. - 9:30 p.m.

Loonie Night | Feb 1, Mar 1, Apr 5, May 3, June 7

No bowling Apr 19

#### **Adult Open Bowling**

Saturdays | Jan 5 - June 22

7:30 p.m. - 10:30 p.m.

Toonie Night | Feb 16, Mar 16, Apr 20, May 18, June 15

\$3.75 adults / \$2.50 children

Shoe rentals \$1

**Youbou Lanes**

### [Youbou Drop-In Gym](#)

Fridays | Jan 11 - June 28

6:30 p.m. - 8:30 p.m.

Drop-in \$2 per person

**Youbou Hall**

## Schedules

[Pickleball Schedule](#)

[Bowling Schedule](#)

[Arena Schedule](#)