

Lake to Lake

Walk, Marathon & Half Marathon Shawnigan Lake to Cowichan Lake

September 12, 2020

Waiver and Consent Form

Name of walker/runner:

First & Last Name: _____

WAIVER AND INDEMNITY AGREEMENT

The registrant assumes all risks associated with this event, which may include, but are not limited to, dehydration, falls, poor conditions on the course, poor weather, animal confrontation, and contact with vehicles, other registrants, and unregistered trail users. The registrant acknowledges that the race takes place over remote territory and assumes the risk of injury or incapacity in a location where it is difficult or impossible for event management to deliver required medical aid in time to avoid physical injury or even death. The registrant is 19 years or older (or has a guardian who has also signed this waiver and parental consent form) and agrees to enter this event at his/her own risk, assuming full responsibility for any personal injury, death, or property damage, and agrees that the Lake to Lake Walk & Marathon, Cowichan Valley Regional District (CVRD), their sponsors and partners and their directors, officers and employees (the "Releasees") have made no representations or warranties respecting the suitability or condition of the route. In consideration of the Releasees accepting this registration, the registrant further agrees to indemnify and save harmless the Releasees from and against any and all claims (the "Claims") whatsoever, including all damages, personal injury, liabilities, costs (including legal or other fees) arising directly or indirectly from the participation of the registrant in this event (except claims arising from the gross negligence of the Lake to Lake Walk & Marathon, CVRD, their sponsors or partners), and agrees to release the Releasees from any and all liability with respect to any such Claims. The registrant understands that he/she is waiving certain legal rights by signing this waiver.

Signature: _____

Date: _____

If registrant is under 19, please complete additional Parental Consent form.

Name of guardian for walker/runner for registrant under 19:

First Name: _____

Last Name: _____

In compliance with the Personal Information Protection Act your personal information will not be circulated or sold. However, unless otherwise stipulated by you (see below), your name, hometown and finishing time will be posted on our website. I give permission to publish my name, results, and any photos taken of me during this event. Yes No

PLEASE NOTE: *The trail will not be closed to other users during this walk/run. No bicycles, baby strollers, or pets are allowed on the route. An adult must accompany children under 14 years of age. Non-compliance with the rules will result in participant disqualification.*