



Kerry Park Recreation Centre

Participant Guidelines During COVID-19

Dear Quilting Participants,

Welcome back to Kerry Park Recreation Centre.

We recognize that the opportunity to recreate, socialize, and stay active are an important aspect of your overall health and wellness. During this time, our primary focus is to ensure the safety of staff, instructors, and participants. In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to Attending

Prior to attending your session at Kerry Park Recreation Centre, you must follow through with the following steps:

- ☐ You should assess your personal risk and motivation to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- ☐ Review the provided guidelines for your program or activity (next page).
- ☐ Complete and submit the participant waiver and informed consent.
- ☐ Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.
 - Please ensure that you or someone in your household is not experiencing the following symptoms: fever, sore throat, cough, difficulty breathing, or sneezing.
 - If you feel you are suffering from any other symptoms such as flu like symptoms including diarrhea in the last 24 hours you are expected to stay home.
 - If you have travelled outside of Canada in the last 14 days you are to stay home and self-quarantine.
- ☐ Discuss any concerns or questions with Kerry Park Recreation Centre programs staff or your instructor.

Please note that changes to Drop-in Quilting have been put in place to minimize the risk to staff, participants and instructors. Additionally, greater health and safety precautions have been put in place to minimize the risk at our facility.

We look forward to greeting you soon.

Kerry Park Recreation Centre Staff

Program Guidelines for Quilting

Kerry Park Recreation Centre Arrival/Departure

- Program entry and exit will be through **the main entrance on curling side**. Your program will be held in the Social Lounge.
- Prior to entering the building, participants must self screen for symptoms of illness. Entry is denied to any person who is suffering from symptoms or has travelled outside of Canada in the last 14 days.
- Once you have entered the building, proceed to the washroom and wash your hands following the posted handwashing procedures, or use hand sanitizer. Following your class, proceed to the washroom and wash your hands following the posted handwashing procedures, or use hand sanitizer prior to leaving the building.

While in the Facility

- **You are encouraged to wear a mask when you are entering and exiting the facility, using the washroom, and accessing common areas within the facility**
- Arrive only a few minutes prior to your session.
- Follow all posted directional and instructional signage.
- It is expected that participants will only access parts of the building required for their permitted activities and will do so via the access points described (unless obstructed).
- Respect posted program and facility capacities.
- Maintain physical distance between yourself and others.
- Minimize the items and surfaces that you must touch.
- Practice appropriate respiratory and hand washing hygiene.
- Limit the number of personal items that you bring with you. Items may be stored in your personal workspace.
- Please bring a water bottle with water if required, as there is no water fountain access and concessions are closed.

Registration

- All participants must be approved to attend the class. Approval is based on completing the assumption of risk and permission form and reviewing the guidelines.
- Please note that this program is likely to transition to pre-registered participation in the near future. Details will be provided to participants when pre-registration becomes available.

Physical Distancing in a Recreation Setting

Ensure there is 6 feet of space between yourself and the other participants.

Shared Equipment Policy

It is encouraged that participants use individual equipment, although it is understood that shared equipment can be a practical use of space and resources. Please follow the guidelines below when sharing equipment between participants.

- Disinfect the equipment after each use by using the provided disinfectant spray.
- For ironing, each person must bring their own surface sheet for the ironing board (sheet or other suitable material)

Health and Wellness

In order to support the health and wellness of all participants and staff at Kerry Park Recreation Centre, we ask that you follow the health and wellness guidelines below.

- If you or someone else begins to show symptoms of illness while in the program, please inform a staff member at Kerry Park Recreation Centre as soon as possible.
- If you have any concerns about health and wellness practices while in the program, please inform the Recreation Programmer.